

Updated 7/9/25 – 1:32 pm

**STARTING DATES - Tryouts/Practice - FALL 2025**  
**WEST SENECA DISTRICT TEAMS**

You MUST register for your sport on Parent Portal (registration opens July 28<sup>th</sup> to August 7 ONLY ) – [CLICK HERE](#)

**SUMMER WEIGHT ROOM**

All incoming students (grades 7-12)  
Weight rooms at each High School will be open  
Mon-Thurs, June 30 to August 14, 2025  
Hours: Girls 8:00 – 9:30 am  
Boys 9:30 – 11:00 am

MODIFIED CHEERLEADING	Janessa Cusimano	tryouts will be Monday August 25th at West Elementary from 10am-2pm
BOYS & GIRLS VARSITY CROSS COUNTRY	Scott Page / Kelly Page	
MOD CROSS COUNTRY	Eric Beiter / Emilio Mancino	<a href="#">Modified Cross Country Information</a> <a href="#">Mod Cross Country Maps</a> <a href="#">Mod Cross Country Calendar</a>
VARSITY FIELD HOCKEY	Kelli. Ruchalski / Maeghan Roberts	<a href="#">WSD Field Hockey Summer Workout</a> <a href="#">WSD Field Hockey Summer Workout Calendar</a>
MOD FIELD HOCKEY	Samantha Reinlander	Mod field hockey will start tryouts on Tuesday August 26th. These will be from 3:30-5pm on the grass field at East Middle. Tryouts will conclude Thursday August 28th and regular season practices will begin Tuesday September 2nd from 3:30-5pm on the grass field. <a href="#">Modified Field Hockey Info</a>
VARSITY BOYS GOLF	Robert Jones	
BOYS VARSITY SOCCER	Jeff Bauda / Brandon Hackbarth(Asst.)	
BOYS JV SOCCER	TBA	
BOYS MOD SOCCER	Jacob Slade	<u>Tryout dates.</u> August 25th 9:00 – 11:00 am August 26th 3:30 – 5:30 pm August 28th 9:00 – 11:00am  All try-outs and practices will be held at West Middle Soccer Field  First practice after tryouts 9/2/25 with all practices being 4:00 – 5:30.
GIRLS VARSITY & JV SOCCER	Justin DiLoro / Rebecca Hanover (Varsity)  Andrew Manna (JV)	

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GIRLS VARSITY SWIMMING	Jeff Kunkel / Emily Newell	Mon – Fri, Aug 18-22 12:00 – 2:00 pm Mon – Fri, Aug 25-29 12:00 – 2:00 pm Once school starts we will hold practice from 3:15-5:15. All practices and meets will be at East Senior.	East Sr Pool
GIRLS VARSITY TENNIS	Phil Pryn	Aug 18,19,20,21 9-11am Aug 25,27,28,29 9-11am	East Courts East Courts